

Warren County Public Schools

Wellness Policy

2017-2020 Triennial Assessment

Overview & Purpose

In accordance with the Final Rule of the Federal Healthy, Hunger Free Kids Act of 2010 and the Virginia Administrative Code: 8VAC20-740, Warren County Public Schools presents the 2017-2020 Triennial Assessment which includes the timeframe from June 2021. The Triennial Assessment indicates updates on the progress and implementation of Warren County Public Schools' Wellness Policy and wellness initiatives, and provides required documentation of actions, steps, and information as outlined in the Final Rule. The school(s) included in this Triennial Assessment are: A. S. Rhodes Elementary School, E. Wilson Morrison Elementary School, Hilda J. Barbour Elementary School, Leslie Fox Keyser Elementary School, Ressie Jeffries Elementary School, Skyline Middle School, Warren County Middle School, Skyline High School, and Warren County High School.

Wellness Policy

The Warren County Public Schools Wellness Policy can be found at <http://go.boarddocs.com/vsba/warren/Board.nsf/goto?open&id=AM8S2W6E4A70>. Warren County Public Schools updates or modifies the Wellness Policy as appropriate. The policy is made available to the public through our local website and Board Docs. Updates to the policy are communicated through our School Board Agenda and School Board meetings. Each update to the policy is presented to the School Board three times prior to approval. Warren County Public Schools Policies are available at the following location <https://go.boarddocs.com/vsba/warren/Board.nsf/Public>. The current Wellness Policy was adopted July 10, 2008 and revised on June 13, 2013, May 3, 2017, July 11, 2018, and July 3, 2019.

School Wellness Committee

Warren County Public Schools established a Wellness Policy leadership of one or more school officials who has the authority and responsibility to ensure each school complies with the Wellness Policy. The Wellness Policy committee meets at least annually for periodic review and update of the Wellness Policy. The general public and the school community are allowed and encouraged to participate in the Wellness Policy process. This may include parents, students, and representatives of the School Food Authority, teachers, school health professionals, and the School Board and school administrators. The Wellness Policy Committee is a group of highly engaged stakeholders. Each year we invite new members, including parents and staff members,

to the Wellness Policy via email to participate in updating the policy. This meeting is open to the public and shared with the community via the school divisions communication system. The Director of Special Services, Michael Hirsch, is responsible for the implementation and revision of the Wellness Policy.

Wellness Policy Compliance

Warren County Public Schools must conduct an assessment of the Wellness Policy every three years, at a minimum. The final rule requires State Agencies to assess compliance with the Wellness Policy requirements as a part of the general areas of the Administrative Review every three years.

Warren County Public Schools strives to keep the Wellness Policy updated to meet the requirements. All stakeholders input is considered when updating the Wellness Policy including students, parents, School Board, and community members.

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
 (Question IV on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow federal school meal nutrition standards for all foods and beverages available for sale on campus during the school day.	✓	
We have implemented Smart Snacks nutrition standards for ALL items sold during school hours, including: a la carte offerings, items in school stores, and items in vending machines.	✓	
We follow Warren County Public School's policy on exempt fundraisers as outlined in our Division's Wellness Policy. <i>School may not conduct school-sponsored fundraisers during which food that does not meet the nutrition guidelines for competitive foods may be available for sale to students.</i>	✓	
All food and beverages sold in all of our schools comply with National School Lunch Program and School Breakfast Program meal patterns.	✓	

**Standards and Nutrition Guidelines for all Foods and Beverages Sold
 (Question V on VDOE School Level Report Card)**

Standard/Guideline	Met	Not Met
We follow Warren County Public Schools' policy on standards for all foods and beverages provided, but not sold, as outlined in our Division's Wellness Policy.	✓	
Schools play a critical role in providing a health-promoting educational environment for students. A national focus and challenge exists for communities, schools, and parents to assist in reducing childhood obesity to combat related future health issues for children. Additionally, diabetes and food-related allergies in children have become more prevalent. The health and safety of children is of great importance to all of us in the school division. Warren County Public Schools employees will not use any good as a reward for academic excellence or any other student behavior. Warren County Public School employees will not use food as a learning tool where students are required or permitted to consume the food.	✓	

Policy for Food and Beverage Marketing

(Question VI on VDOE School Level Report Card)

Standard/Guideline	Met	Not Met
All food and beverage marketing meets Smart Snacks standards.	✓	
Marketing on the school campus during the school day is permitted only for those foods and beverages that meet the nutrition standards under 7 C.F.R. §210.11, serve to promote student health, reduce and prevent childhood obesity, and combat problems associated with poor nutrition and physical inactivity.	✓	

Description of Public Involvement

Standard/Guideline	Met	Not Met
Warren County Public Schools permits participation by the general public and the school community in the Wellness Policy process. This includes parents, students, and representatives of the School Food Authority, teachers of physical education, school health professionals, the School Board, and school administrators.	✓	

Description of Public Updates

Standard/Guideline	Met	Not Met
The Wellness Policy is made available to the public on an annual basis, at minimum. This includes any updates to and about the Wellness Policy.	✓	
The Triennial Assessment, including progress toward meeting the goals of the policy, will be made available to the public on or before June 30, 2020.	✓	

Description of Policy Leadership

Standard/Guideline	Met	Not Met
Warren County Public Schools established a Wellness Policy leadership of one or more LEA's and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy.	✓	

Description of Evaluation Plan

Standard/Guideline	Met	Not Met
<p>The superintendent is responsible for creating</p> <ul style="list-style-type: none"> • regulations to develop and implement standards for all foods and beverages provided, but not sold, to students on the school campus during the school day; and • standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that promote student health and reduce childhood obesity and are consistent with the applicable standards and requirements in 7 C.F.R. §§210.10.210.11 and 220.8. 		

Quality of Wellness Policy

Thoroughly reviewed by USDA Food and Nutrition Service, the Alliance for a Healthier Generation's model policy template is in compliance with the requirements set forth in the final rule.

Warren County Public Schools local wellness policy follows the guidelines of the Alliance for a Healthier Generation's model policy and is in compliance with the requirements set forth in the final rule.

Progress towards Goals

Warren County Public Schools continues to work toward providing a healthy educational environment for our students. Warren County Public Schools focuses on providing healthy meals. The health of our children is of great importance.

**Progress towards Nutrition Promotion and Education Goals
 (Question I on VDOE School Level Report Card)**

Description	Met	Not Met
<ul style="list-style-type: none"> • Students receive nutrition education that teaches the skills they need to adopt and maintain healthy eating behaviors. • Nutrition education is offered in the school cafeteria as well as in the classroom, with coordination between the foodservice staff and other school personnel, including teachers. • Students receive consistent nutrition messages from all aspects of the school program. • Division health education curriculum standards and guidelines address both nutrition and physical education. • Nutrition is integrated into the health education and core curricula (e.g., math, science, language arts.). • Schools link nutrition education activities with the coordinated school health program. • Staff who provide nutrition education have appropriate training. • Schools are enrolled as Team Nutrition Schools, and they conduct nutrition education activities and promotions that involve parents, students, and the community. 	✓	
<p>Student participation in the school breakfast and school lunch program is appropriate.</p>	✓	

**Progress towards Physical Activity Goals
 (Question II on VDOE School Level Report Card)**

Description	Met	Not Met
<ul style="list-style-type: none"> • Students are given opportunities for physical activity during the school day through physical education (PE) classes, daily recess periods for elementary school students and the integration of physical activity into the academic curriculum where appropriate. • Students are given opportunities for physical activity through a range of before-and/or after-school programs including, but not limited to, intramurals, interscholastic athletics and physical activity clubs. • Schools work with the community to create ways for students to walk, bike, rollerblade or skateboard safely to and from school. • Schools encourage parents and guardians to support their children's participation in physical activity, to be physically active role models, and to include physical activity in family events. • Schools provide training to enable staff to promote enjoyable, lifelong physical activity among students. 	✓	

**Progress towards other School-Based Wellness Activity Goals
 (Question III on VDOE School Level Report Card)**

Description	Met	Not Met
<ul style="list-style-type: none"> • An adequate amount of time is allowed for students to eat meals in adequate lunchroom facilities. • All children who participate in subsidized food programs are able to obtain food in a non-stigmatizing manner. • The availability of subsidized food programs is adequately publicized in ways designed to reach families eligible to participate in the programs. • Environmentally-friendly practices such as the use of locally grown and seasonal foods, school gardens, and nondisposable tableware have been considered and implemented where appropriate. • Physical activities and/or nutrition services or programs designed to benefit staff health have been considered and, to the extent practical, implemented. 	✓	